

Introduction to Grade 0 Welcome Parents!



Teacher: Mrs. Kelly Sheets
2025/2026 School Year

Teaching Team

Kl. 0/ Gr. 0

Kelly Sheets

Wiktoria Bartoszevska

Danuta Rzeczkowska

Kl. 1/ Gr. 1

Anna Kerdelewicz

Kelly Sheets

Jan Woźniak

Aleyna Isik

Kl. 2/ Gr. 2

Aleksandra Rydel

Sandip Shergill

Magdalena Dąbkowska

Kl. 3/ Gr. 3

Anna Perkowska

Sandip Shergill

Jan Woźniak

Aleyna Isik

Subject Teachers

French: **Justyna Urbaniak**

English in gr. 1-3: **Marta Chojczak**

Physical Education: **Danuta Rzeczkowska**

Music: **Łukasz Mielko**

Religion: **Jolanta Łaba**

Ethics : **Anna Kerdelewicz**

Psychological Care

Zofia Piersa-Poddębniak

Library

Aleksandra Rydel

Pedagogical Therapy

Magdalena Dąbkowska

Social Skills Training

Anna Kerdelewicz

Technical team

Agnieszka Świderek

technical staff member 8.00-17.00

Sławomir Rokicki

school bus driver, school conservator

School Hours & After School Classes

The school will be open from 7:50 AM to 5:00 PM

Classes take place from 8:45 AM to 3:25 PM.

Please do not walk your student past the “No Parent Zone” or enter the classrooms from 8:35-3:25.

Registration for additional classes closed on September 4th. They will begin **September 15th**.

Please check the lesson plan schedule / timetable to see what time each club begins and ends.

Morning Duty

From 7:50-8:35am

- Students go to the gym after leaving their backpacks on the bench, coats/jackets on their hook and changing their shoes
- 1 teacher is on duty

At 8:35am

- Teachers come and pick up students, then take them to their classrooms
- If your child arrives after 8:35 they may go directly to their classroom

Afternoon Duty

From 3:25 till 3:40pm

- one teacher on duty in each grade taking students to the playground or to their designated classroom

From 3:40 till 5:00pm

- Students go to the playground for all or a small duration of the afternoon
- If weather or conditions do not permit, Grades 0 and 1 will be in the Grade 0 classroom and Grades 2 and 3 in the Third Grade classroom
- Call the appropriate classroom through the video intercom located outside or come to the school playground directly.
- Once you are here, students must be picked up!
- Animals are not allowed on school premises.

Absences and Authorizations

Absences

Please email myself (and feel free to CC Ms. Vicky) regarding your student's absence. *Please do not email the school secretary or reply to school information emails.*

Pick Up Authorization

Authorizations for another adult to pick up your student must be submitted by **2pm that day!** Please send these authorizations via email and not as a reply to an email from the school secretary.

This is paramount for the safety of your child and the ability of teachers on duty to ensure every child in their care is accounted for and again - safe!

Additional Activities

❑ **SPORTS CLUB:** D. Rzeczkowska

grades 0-1 x 2h/week

grades 2-3 x 3h/week

❑ **LEGO ROBOTICS:** J. Palimaka

grades 2-3 x 1 hour/week

❑ **CODING WITH PHOTONS AND LEGO:** J. Palimaka

grades 0-1 x 1 hour/week

❑ **EXPLORER CLUB:** A. Kerdelewicz

grades 2-3 in the 1st semester, grades 0-1 in the 2nd semester x 1 hour/week

❑ **SEWING WORKSHOPS** M. Dąbkowska

grades 1-3 1 hour/week

❑ **HANDICRAFT CLUB:** J. Łaba

grades 0-3 x 1 hour/week

❑ **J. FRENCH CLUB:** J. Urbaniak

grades 0-1, grades 2-3 x 1 hour per week

❑ **SPANISH CLUB:** M. Wilczyńska

2-3 x 1 hour/week

❑ **ART CLUB:** A. Isik

2-3 1h/week

❑ **VOCAL CLUB:** Ł. Mielko

grades 0-3 x 1 hour/week

❑ **IN THE LAND OF ASIA CLUB:** W. Bartoszewska

grades 0-3 x 1 hour/week

❑ Karate

❑ Ceramics

❑ Chess

Lunch and Snack

Pagaspot App

You can order, cancel and pay for meals via the Pagaspot website or app (Android, iOS). If you encounter any problems during registration or ordering, these instructions for parents may be helpful. Please place orders and cancellations by 10:00 PM the day before - in the app. After this time, in case of emergencies, please call 501-633-883 (6:00 AM - 4:00 PM).

[Pagaspot App](#)

Payments

Standard lunch set: **23 PLN** / Lunch set with afternoon snack: **26 PLN** / Additional charge for a diet menu: **2 PLN**

In the event of an order cancellation (e.g., due to illness), any unused funds will be returned to you and can be used for future orders.

Email: kontakt@pelnybrzuszek.pl (6:00 AM - 4:00 PM)

Phone: 501-633-883

Or via the Pagaspot app

Additional Information:

The company also prepares meals that are dairy-free, gluten-free, and vegetarian.

Physical Education Classes

- ❑ Please leave valuable jewelry and any jewelry that cannot be removed at home.
- ❑ If student does not want to have they ears taped during PE lessons, write to the secretary's office giving written consent to participate in PE classes with unsecured earrings.
- ❑ Students must have their hair tied during PE.
- ❑ Wear appropriate footwear and sportswear, especially those suitable for autumn and winter forest outings (also for recess), which we will begin in October.
- ❑ Socks for PE lessons if student come to school in tights.

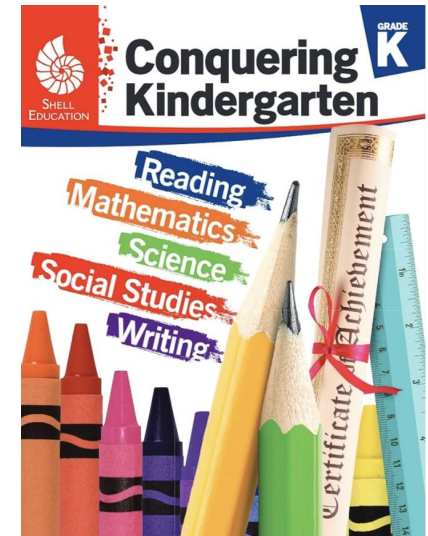
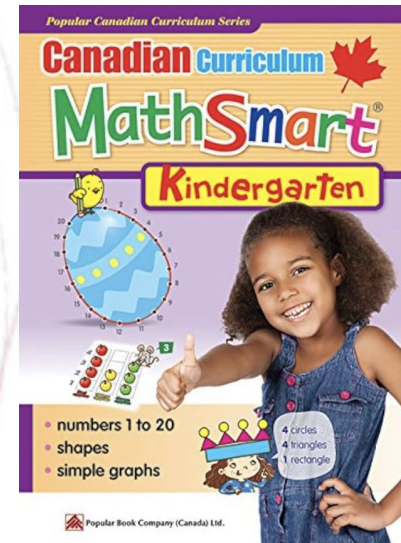
First Semester Academics

English Language

- Sight Words and High Frequency Words
- 3 letter CVC words
- Phonics
- Letters of the Alphabet
- Opposites

Math

- Numbers 1-10
- Addition and Subtraction with Numbers 1-10
- 2D and 3D Shapes





Social Studies

- All About Me
- Family Members
- Community Workers
- Christmas Traditions Around the World

Art

- Self-Expression
- Primary and Secondary colors
- Thanksgiving Crafts
- Christmas Crafts

Science

- Plants
- Seasons
- Animals and Habitats
- Weather Patterns
- Forces: push and pull

Second Semester Academics

English Language

- Reading 4 Letter Words
- Story Comprehension
- More Sight Words
- Nouns
- Writing Practice

Art

- Seasonal Art
- Holiday Crafts
- Symmetry
- Lines

Math

- Surfaces (flat and curved)
- Vertices
- Problem solving
- Comparatives (short/long, heavy/light)

Social Studies

- Time (days, months, year)
- American symbols (flag, eagle, monuments)
- Needs and wants

Science

- Objects
- Features of Earth (rocks, landforms, bodies of water)
- Needs of living things

Events

- End of September (date TBD) - Art Project
- October 7th - Empathy Day
- November 21st - Skipping Rope Day
- December 5th - St. Nicholas Day
- December 18th - Christmas Recital

Field trips are to be determined! I plan them based on the topics we will be covering and also the availability of quality English trips I'm able to find. You will be notified via the "Weekly Information" emails of the trip date, location, time of departure, attire, and what is needed in addition to an email and Librus message from me.

Communication

- ❑ Three class wide meetings and two individual meetings with parents during the school year
- ❑ Newsletter from the homeroom teacher and Canadian program teacher summarizing each month (on the school website)
- ❑ A photo report each month (on the school's website)
- ❑ In Librus about grades, projects, field trips, information for the class, student behavior and praise
- ❑ Contact by phone and/ or e-mail
- ❑ Individual meetings depending on the needs

Cooperation

- ❑ Participate in meetings organized by the school
- ❑ Attend individual meetings with homeroom teachers and other teachers
- ❑ Take part in workshops and training sessions organized by the school
- ❑ Seek information about their child's functioning at school
- ❑ Cooperate with the homeroom teacher, support teachers, subject teachers, and the school psychologist
- ❑ Ensure that students spend their free time in a proper and meaningful way
- ❑ Carefully follow school correspondence
- ❑ Get involved in the life of the class and the school

School Calendar

GRADES 0-3

AUGUST	08.28.2025	(Thu)	Integration meeting gr. 0
SEPTEMBER	09.01.2025	(Mon)	First day of school gr. 0-3
	09.08.2025	(Mon)	Parent-Teacher meetings gr. 0-1
	09.09.2025	(Tue)	Parent-Teacher meetings gr. 2-3
OCTOBER	09.25-26.2025	(Thu-Fri)	Art project gr. 0-3
	10.07.2025	(Tue)	Empathy Day gr. 0-3
	10.21.2025	(Tue)	Pledge Day of gr. 1
NOVEMBER	10.31.2025	(Fri)	Halloween gr. 0-3
	11.10.2025	(Mon)	Days off (child care for registered students)
	11.11.2025	(Tue)	Independence Day, day off
	11.17.2025	(Mon)	Individual Parent-Teacher Meetings gr. 0-1
	11.18.2025	(Tue)	Individual Parent-Teacher Meetings gr. 2-3
DECEMBER	11.21.2025	(Fri)	Skipping Rope Day
	12.05.2025	(Fri)	Saint Nicholas Day gr. 0-3
	12.11.2025	(Thu)	Mid-year Student Evaluation Meeting gr. 0-3
	12.18.2025	(Thu)	Christmas Meeting with Parents gr. 0-3
JANUARY	12.22-31.2025	(Mon-Thu)	Christmas break, days off
	01.01.2026	(Thu)	New Year's Day, day off
	01.02.2026	(Fri)	Days off (child care for registered students)
	01.05.2026	(Mon)	Days off (child care for registered students)
	01.06.2026	(Tue)	Epiphany, day off
	01.12.2026	(Mon)	Semester Parent-Teacher Meeting gr. 0-1
	01.13.2026	(Tue)	Semester Parent-Teacher Meeting gr. 2-3
	01.19-30.2026	(Mon-Fri)	Winter Break
FEBRUARY	02.07.2026	(Sat)	Diagnostic Meeting for the New 0 Grade
	02.12.2026	(Thu)	Spelling Bee (class finals, gr. 1-3)
	02.13.2026	(Fri)	Carnival Ball gr. 0-3
	02.20.2026	(Fri)	Spelling Bee (final)
MARCH	03.19-20.2026	(Thu-Fri)	Linguistic and Scientific Project gr. 0-3
APRIL	04.02-07.2026	(Thu-Tue)	Easter Break, days off
	04.13.2026	(Mon)	Individual Parent-Teacher Meetings kl. 0-1
	04.14.2026	(Tue)	Individual parent-teacher meetings gr. 2-3
	04.23-24.2026	(Thu-Fri)	Environmental Project gr. 0-3
MAY	04.28.2026	(Tue)	Speaking Contest (class finals, gr. 1-3)
	05.01.2026	(Fri)	Labor Day, day off
	14.07.2026	(Thu)	Speaking Contest (final)
	05.19.2026	(Tue)	Cultural Project "The Beatles" gr. 0-3
	05.28.2026	(Thu)	End-of-year Student Evaluation Meeting gr. 0-3
JUNE	06.01.2026	(Mon)	Sports Day gr. 0-3
	06.04.2026	(Thu)	Corpus Christi, day off
	06.05.2026	(Fri)	Day off (child care for registered students)
	06.10-12.2026	(Wed-Fri)	Green School gr. 1-3
	06.15.2026	(Mon)	End-of-year Parent-Teacher Meetings gr. 0-1
	06.16.2026	(Tue)	End-of-year Parent-Teacher Meetings gr. 2-3
	06.26.2026	(Fri)	The End of the School Year
	06.27.-08.31.2026		Summer break

KLASY 0-3

SIERPIEŃ	28.08.2025	(Czw)	Spotkanie integracyjne kl. 0
WRZESIEŃ	01.09.2025	(Pon)	Pierwszy dzień szkoły kl. 0-3
	08.09.2025	(Pon)	Zebrańie z Rodzicami kl. 0 i 1
	09.09.2025	(Wt)	Zebrańie z Rodzicami kl. 2 i 3
	25-26.09.2025	(Czw-Pt)	Projekt artystyczny kl. 0-3
PAŹDZIERNIK	07.10.2025	(Wt)	Dzień Empatii kl. 0-3
	21.10.2025	(Wt)	Ślubowanie kl. 1
	31.10.2025	(Pt)	Halloween kl. 0-3
LISTOPAD	10.11.2025	(Pon)	Dzień wolny od zajęć (dyżur dla zapisanych uczniów)
	11.11.2025	(Wt)	Dzień Niepodległości, dzień wolny
	17.11.2025	(Pon)	Spotkania indywidualne z nauczycielami kl. 0-1
	18.11.2025	(Wt)	Spotkania indywidualne z nauczycielami kl. 2-3
	21.11.2025	(Pt)	Dzień Skakanki kl. 0-3
GRUDZIEŃ	05.12.2025	(Pt)	Mikołajki kl. 0-3
	11.12.2025	(Czw)	Rada pedagogiczna klasyfikująca śródroczna kl. 0-3
	18.12.2025	(Czw)	Spotkanie świąteczne z Rodzicami kl. 0-3
	22-31.12.2025	(Pon-Czw)	Ferie świąteczne, dni wolne
STYCZEŃ	01.01.2026	(Czw)	Nowy Rok, dzień wolny
	02.01.2026	(Pt)	Dzień wolny od zajęć (dyżur dla zapisanych uczniów)
	05.01.2026	(Pon)	Dzień wolny od zajęć (dyżur dla zapisanych uczniów)
	06.01.2026	(Wt)	Święto Trzech Króli, dzień wolny
	12.01.2026	(Pon)	Zebrańie semestralne z Rodzicami kl. 0-1
	13.01.2026	(Wt)	Zebrańie semestralne z Rodzicami kl. 2-3
	19-30.01.2026	(Pon-Pt)	Ferie zimowe
LUTY	07.02.2026	(So)	Spotkanie diagnozujące dla nowej klasy 0
	12.02.2026	(Czw)	Spelling Bee (finały klasowe, kl. 1-3)
	13.02.2026	(Pt)	Bal karnawałowy kl. 0-3
	20.02.2026	(Pt)	Spelling Bee (finał)
MARZEC	19-20.03.2026	(Czw-Pt)	Projekt językowo - naukowy kl. 0-3
KWIECIEŃ	02-07.04.2026	(Czw-Wt)	Ferie wielkanocne, dni wolne
	13.04.2025	(Pon)	Spotkania indywidualne z nauczycielami kl. 0-1
	14.04.2025	(Wt)	Spotkania indywidualne z nauczycielami kl. 2-3
	23-24.04.2026	(Czw-Pt)	Projekt ekologiczny kl. 0-3
MAJ	28.04.2026	(Wt)	Speaking Contest (finały klasowe, kl. 1-3)
	01.05.2026	(Pt)	Święto pracy, dzień wolny
	14.05.2026	(Czw)	Speaking Contest (finał)
	19.05.2026	(Wt)	Projekt kulturowy "The Beatles" kl. 0-3
	28.05.2026	(Czw)	Rada pedagogiczna klasyfikacyjna końcoworoczna kl. 0-3
CZERWIEC	01.06.2026	(Pon)	Dzień sportu kl. 0-3
	04.06.2026	(Czw)	Boże Ciało, dzień wolny
	05.06.2026	(Pt)	Dzień wolny od zajęć (dyżur dla zapisanych uczniów)
	10-12.06.2026	(Śr-Pt)	Zielona Szkoła kl. 1-3
	15.06.2026	(Pon)	Zebrańie końcoworoczne z Rodzicami kl. 0-1
	16.06.2026	(Wt)	Zebrańie końcoworoczne z Rodzicami kl. 2-3
	26.06.2026	(Pt)	Zakończenie roku szkolnego
	27.06.-31.08.2026		Ferie letnie

Behavioral Expectations



Relationships with Others: I respect others. I am honest with others. I do not tease others. I do not copy homework. I do not use vulgar language. I am not aggressive. I respond to aggressive behavior and I am not indifferent.

Attitude in Class: My behavior does not disturb classmates or teachers. I am active and engaged in lessons. I meet deadlines. I use English during Canadian program lessons.

Personal Culture: I use polite expressions. I am courteous. I behave properly in the school cafeteria. I help younger students. I respect adults. I help elderly people.

School Duties: I do my homework. I am prepared for lessons. I am punctual. I bring necessary school supplies. I keep my desk and classroom tidy. I follow the rules of wearing the school uniform.

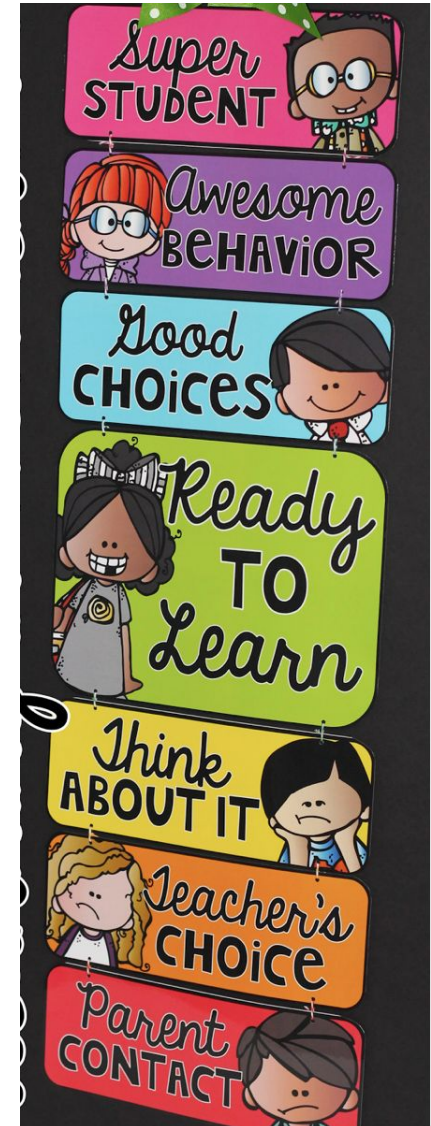
Safety – Mine and Others': I spend breaks under the supervision of a teacher. I remain under teacher supervision during school trips and follow instructions. I do not initiate dangerous situations. I respond to dangerous behavior.

Our Class Rules



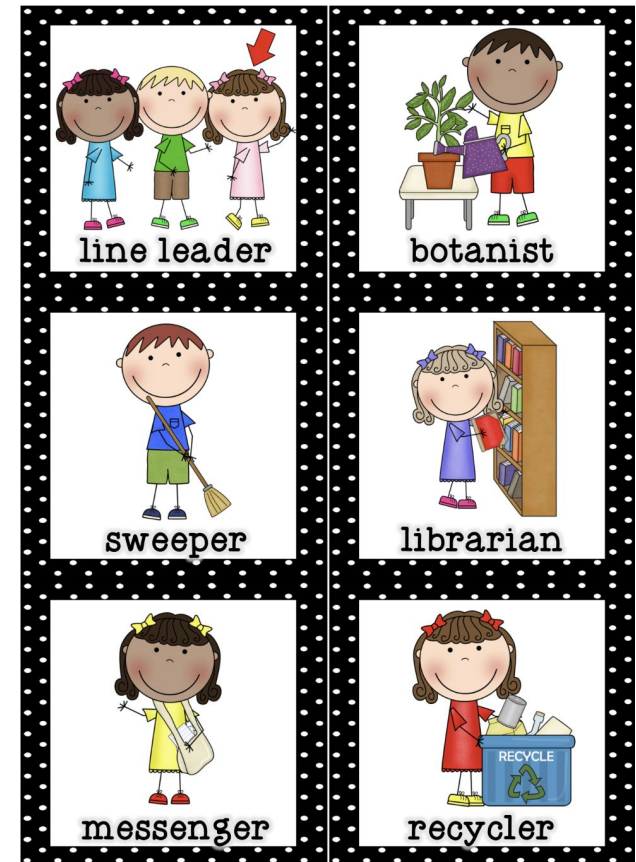
Behavior/Reward System

- Students begin each day on green!
- Students can be “clipped up” or “clipped down” depending on their choices and behavior.
- Violence leads to red no matter where the student is on the clip chart.
- When a student is on red they will not be able to “clip up.” They finish the day on red.
- Red = parent contact
- Students earn points for the pom poms they collect based on where they end the day, and can turn them in for privileges and non-material rewards.



Classroom Jobs

- Each week students change classroom jobs.
- They are able to choose their job.
- This aims to foster a sense of responsibility, ownership and work ethic.
- We chose our first jobs today!
-



Homework and Make-Up Work

- If I observe a student is routinely not completing work with the time we have, I will send it home with the student as homework.
This looks like: talking instead of working, unwilling to start or finish work, giving up, quickly completing work without meeting the standards of the task or working to the best of their ability.
- Please only guide and encourage your student. Refrain from giving answers or doing the work for them! They will tell me or I will be able to tell. Either way - it may be a “clip down” for you!
- I can prepare work for your student to complete outside of class due to illness, vacation etc. Please give me notice in proportion to the absence (e.g., 1 day absence = 24 hours notice)

Toys

- Students will be allowed to bring in toys on Fridays only for the Polish program
- The toy should be able to fit in the student's cubby and backpack.
- Students must put their toys away during the Canadian Program. If a student has a toy out I will ask them to put it away and remind them of our rule.
- If they take the toys out during lessons or breaks after a reminder, they will be "clipped down."
- As a teaching team, we will see how students cope with toys and adjust the policy if needed in December (but not for the Canadian Program).

Fun Fridays

- Instead, we will have “Fun Fridays” during the Canadian Program beginning around the Spring semester.
- Students can bring in a game (card game, board game, etc) and/or book in **English**.
- We will have storytime and then students will slowly begin to read to one another. Then we will play language arts games and the games they bring in.
- This is such valuable time for myself and the students! We get to know one another and this is time for them to use their emerging language skills in a social context without realizing it!

I will send an email when we begin Fun Fridays with games and books from home.

Can/Does Your Student...?

- Tie their own shoes
- Put on their clothes without assistance
- Zip and unzip their jacket (sometimes it's tricky)
- Fail and try again (or fail and accept they are learning!)
- Come to teachers, especially myself, openly with worries, questions and problems?
- Have a positive "can do" attitude?
- Have their clothing labeled with their name?

PTA (Parent-Teacher Association)

- I need (3) parent volunteers for the school year that will be our Grade 0 heroes! We will call on you to help with decorations, set up for events or purchasing/bringing in sweets for special class celebrations.
- Please talk together as a parent group and decide who the tributes will be!
- If you are up for the challenge please email me as I am still getting to know you!

Textbooks

- Please sign and return the Consent to Return Textbooks form to myself or to the Secretary's Office this week.
- We lend out library books from the Polish and Canadian curriculum.
- Borrowing the next book can only take place once the previously discussed book has been returned.
- Students will have the opportunity to use the library at designated times, which we will announce soon.
- As part of library activities, we will organize meetings with authors and trips to nearby city libraries.
- All books must be returned before the end of the school year!

Important Documents

The most important documents regulating the functioning of the school, as well as the rights and responsibilities of children and parents:

- 1. School Statute** – the fundamental document defining the organization of the school, and the rights and responsibilities of students, parents, and teachers.
- 2. Internal Assessment System (WSO)** – rules for assessing, classifying, and promoting students, including the description of assessment in grades 0–3.
- 3. School Educational and Preventive Program** – a description of activities supporting student development, safety, and prevention.
- 4. School Regulations** – rules in force on school premises (behavior, safety, school uniform, etc.).

*All documents are available on the school's website, in the **Downloads** section.*

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EDUKACJA I WSPARCIE PSYCHOLOGICZNE

Zofia Piersa-Poddębniak
psycholożka, psychoterapeutka

zofia.piersa-poddebniak@internationalschool.pl

Godziny pracy od września:

Poniedziałki: 8.30-15.25

Wtorki: 8.30-15.25

Czwartki: 8.30-15.25

GŁÓWNE OBSZARY PRACY PSYCHOLOGICZNEJ PODCZAS WARSZTATÓW W POSZCZEGÓLNYCH KLASACH:



Klasa 0

**Budowanie
poczucia
bezpieczeństwa**

Integracja klasy

**Kształtowanie
umiejętności
nazywania
emocji
podstawowych
po polsku i
angielsku**

wspieranie empatii

Klasa 1

**Kształtowanie
umiejętności
nazywania i
rozpoznawania
emocji**

**Kształtowanie
umiejętności
radzenia sobie z
emocjami
trudnymi**

wspieranie empatii

**Kształtowanie
umiejętności
rozwiązywania
konfliktów**

Klasa 2

**Kształtowanie
umiejętności
rozwiązywania
konfliktów,
ustalania
kompromisów**

**Promowanie
współpracy**

Integracja

budowanie więzi

**kształtowanie
poczucie własnej
wartości**

Klasa 3

**Budowanie
trwałych więzi i
integracja przed
klasą 4**

**Rozwijanie
samodzielności i
autonomii**

**Promowanie
pozytywnych
postaw wobec
siebie**

**Oswajanie tematu
dojrzewania, zmian**

**Rozwijanie
asertywności oraz
poznanie zasad
dobrej komunikacji**

Co przed nami? PROJEKTY PSYCHOLOGICZNE

EmpatiJa (klasy 0-3)

Dzień Empatii (klasy 0-3)- Jak wspierać i rozwijać empatię?

Trening nazywania i rozpoznawania emocji, po polsku i angielsku (klasa 0)

Bajkoczytnie (0, 1, 2, 3)

Dzieci w sieci (klasy 0-3)

Wheel of choice (klasa 1, 2, 3)

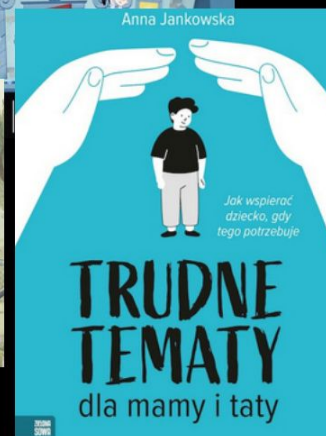
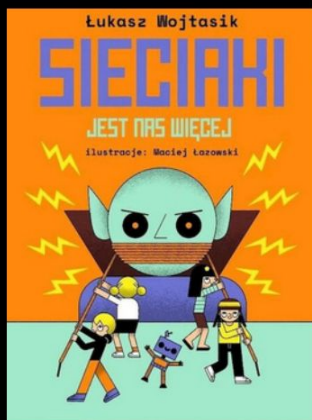
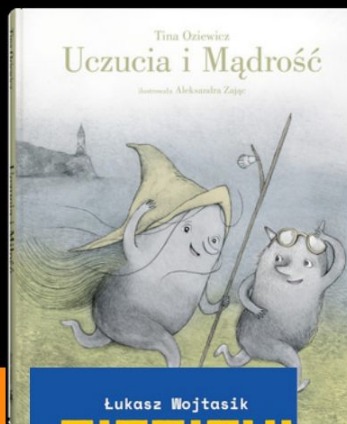
NASZ KOLEŻEŃSKI kontrakt (klasa 2,3)

Pomocnik konfliktowy (klasa 1, 2, 3)

Jesienne Aktywności (klasa 0, 1, 2, 3)

BOOKFLIX

najnowsze pozycje do wypożyczenia już wkrótce w kąciu
świadomego rodzica (na parterze)



Thank You

Now time for questions, comments.

Contact information:

kelly.sheets@internationalschool.pl

Librus