

## REGULATIONS FOR SERVING MEALS

1. Parents can order lunch for their child from an external catering company cooperating with the school or deliver a home-made lunch to the school.
2. Students eat lunch during their lunch break in the school cafeteria.
3. Parents who do not use catering are obliged to deliver lunch in a thermos (thermal container) that keeps warm, signed with the child's name and surname.
4. Parents/students in grades 0-3, upon entering the school, leave the thermal container in a designated place in the cloakroom. The containers are handed over to the students during the lunch break.
5. Students in grades 4-8 come to the cafeteria with a lunch thermos for a designated lunch break.
6. In grades 0-3, during the lunch break, a school employee puts food from a thermos on plates. In grades 4-8, students put out food from a thermos on their own. Students use the cutlery provided by the school.
7. The school prohibits students from using a microwave oven on their own. The ban was introduced after consultations with the sanitary inspectorate which justified the recommendation as below:
  - inability to check the temperature of the heated meal in accordance with HACCP standards
  - Radiation
  - risk of electric shock
  - risk of gastrointestinal burns
  - the school ensures healthy meals provided by the catering company Diatta
8. The parent who brings home-cooked dinner is required to sign a statement that he/she takes full responsibility for the prepared meals.

**STATEMENT**  
**ABOUT CHOOSING CHILD'S DIET**  
**W THE INTERNATIONAL SCHOOL**

I, the undersigned .....,  
holding an ID card with the number ....., choose the  
following way of feeding my child (name and surname of the student)  
..... at The International School:

- Meals provided by a caterer
- Self-prepared meals
- Both answers (if school lunches are ordered selectively)\*

\*Select the chosen option

I declare that in the case of self-delivery of food, I am fully responsible for the quality of the meals that my child will bring in a thermos, without the need to heat it in a microwave oven. The International School is not to blame for my child's possible food poisoning.

.....  
Date

.....  
Parent/guardian's signature