



THE INTERNATIONAL SCHOOL

PSYCHOLOGICAL EDUCATION | MONTH: March 2022
PSYCHOLOGIST: Zofia Piersa-Poddebnia

FORMS OF WORK WITH INDIVIDUAL CLASSES

fairy tale therapy, radio plays, discussion, brainstorming, drawing, team games, project methods, film therapy, group work, original work cards

THE MOST IMPORTANT ISSUES IN EDUCATION

Grade 0	Grade 1
<ul style="list-style-type: none"> "Helplessness" - we read the story and discuss the feelings that accompanied the heroine "The Feelings song" - we master words describing emotions in English 	<ul style="list-style-type: none"> „Silent corner" - we create materials and organize a place of silence in the classroom, learn the rules and regulations that will apply in the corner Class circle - we share emotions, events and important class matters with each other
Grade 2	Grade 3
<ul style="list-style-type: none"> "Class Roles" - continued, we discuss previous difficult class situations, look for solutions, assign roles to new helpers "Helplessness" - we read the story and together we create a psychological image of the heroine Integration classes (we meet a new student) 	<ul style="list-style-type: none"> "We will not be green on the Green School" - we tame the anxieties associated with the trip "Better Together" - integrative games and activities that build a bond and strengthen relationships in the class, work in two groups

MOM, DAD talk to me about....

- When I feel helpless (grade 0, 2)
- How I will name my emotions in English (grade 0)
- What I fear about the Green School? (grade 3)

WHAT LIES AHEAD...

- Further shaping, developing social skills and basic psychological skills
- Integration and bonding
- Reading books together and laughing to tears
- Sharing experiences, learning from each other