



Green School 2022 – Świętokrzyskie Mountains

Place: Świętokrzyskie Mountains

Hotel: Paradioso (3*), Suchedniów

Date: 30.05-03.06.2022r.

Distance : ca. 150km



The Świętokrzyskie Mountains are an area of outstanding geo-diversity. They are like an open book of the history of the Earth, in which almost 550 million years of geological history has been recorded in the rocks and mountains.

We will stay in the three-star Paradioso Hotel in Suchedniów.

The hotel is located right next to the forest.
The rooms are 3-6-bedded with sofa beds.

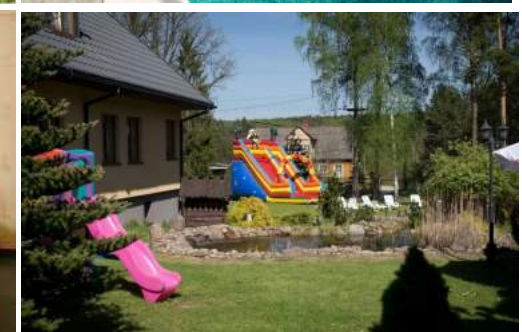
Meals: 3 meals a day (breakfast, lunch and dinner).
Breakfast and dinner are served buffet style. Lunch is served to the table. All meals are prepared on site, they are tasty and healthy.

We offer diets according to individual needs (after agreement with parents: vegetarian, gluten-free, dairy-free).

Drinking water available 24 hours.

The hotel facilities:

- 2 ha of fenced, green area
- large barbecue hut
- playground
- pitch
- outdoor swimming pool 4x8m
- jacuzzi



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Day 1

9.00 - Departure from school
ca.11.00 - Arrival at the hotel
11.00-13.00 - **Sport Academy**
13.00 - Lunch
14.00 - Hotel accommodation
15.00-18.00 - **Survival - integration outdoor activities**



Survival adventure- Learning survival skills like setting directions, methods of lighting a fire, survival equipment.
Shelter building - Learning about types of huts, construction methods, goals and ways of use + practicing team co-operation.

Fun Club - swimming in the pool, team games

18.30 - dinner
19.30-20.30 - **Disco**



Day 2

8.00 - Breakfast
9.00-14.00 - **Trip to Kielce**

1/ Caves in Kadzielnia - Touring an underground route through caves with a length of 140m.

Kadzielnia caves are fragments of the underground karst system formed in limestones in the Cenozoic land period, most likely in the Neogene, several million years ago.

Kadzielnia Amphitheatre - the most beautiful amphitheater in Poland carved in the rock, where concerts and performances are broadcasted on television every year like the Polish Cabaret Night or the Dance Music Festival.

2/ City outdoor game around Kielce "In the footsteps of great Poles in Kielce"

This game is an excellent form of entertainment for both primary and secondary school students. It is played in the Old Town of Kielce. It consists of reaching the destination as soon as possible by performing tasks from worksheets.



15.00 - Lunch

16.30-18.30 - **Sports Academy - Team Building**

These activities develop different ATL skills. The group will work out the difficult tasks by solving the problems together in a fun way. Many amazing competitions - multiplayer skis, caterpillar, 3-legged trouser race, flying carpet, jumping pipes, box race, tug-of-war and more.

19.00 - Dinner

20.00-21.00 - Movie



Day 3

8.00 - Breakfast

9.30 -14.00 - **Geological trip**

Paradise Cave - is one of the most famous tourist attractions of the Świętokrzyskie Mountains and one of the most beautiful karst caves. It impresses with the richness and diversity of calcite dripstone forms. There are clusters of stalactites with a globally unique density. The cave has been recognized as an inanimate nature reserve and an archaeological site. The length of the tourist route is 180 meters. The temperature in the Paradise Cave is +9°C, humidity is about 95%.

Reserve in Zachełm - the reserve covers an area of 7.95 ha, and was set up in 2010, to preserve the paleontological site of the oldest tetrapod tracks along with tectonic forms. Next to Zachełm Reserve rises the peak of the Chelm Mountain (399 m above sea level), where on a fragment of rock you can observe dolomites, sandstones, hematites and barites, from which the dolomites formed about 385 million years ago and sandstones 245 million years ago.



14.30 - Lunch



16.00-18.30 - **Exploris Mission- outdoor game**

Participants are divided into teams, and take part in a task solving activity in the wilderness. Groups are equipped with especially prepared maps to overcome the designated route. All tasks require commitment and co-operation. Examples of the tasks: logic puzzle, „minefields”, hidden spots etc.

19.00 - Dinner

20.00-21.00 - **Karaoke**



Day 4

8.00 - Breakfast

9.00-14.00 - **Mountain trip!**

Łysa Góra - The trail to Łysa Góra goes along an educational path leading through the Świętokrzyski National Park. The hike takes about 40 minutes and is very pleasant due to the beautiful environment.

On the Holy Cross Peak we will visit:

- Benedictine Abbey with relics of the tree of the Holy Cross,
- Missionary Museum of the Oblate Fathers,
- Jeremy Wiśniowiecki's Crypt



Łysica - the highest peak of the Świętokrzyskie Mountains - 612 - 614 m above Sea level. It is made of quartzite and the Cambrian shale. From the North and South, the peak is surrounded by *Gołoborze*. Łysica is completely overgrown with forest, we can see a frs and a fris-beech forest. The entire hike will take 1.5 - 2 hours.

14.30- Lunch

16.00-18.30 - **Sports Academy**

Fold a goal - Score goals

Bumperball - a rivalry based on sumo fighting in great inflatable balls

Segway - two-wheeled vehicles powered by batteries, driving on the track

20.00-21.00 - **Campfire**



Day 5

8.00 - Breakfast

9.00 - Check out

10.00-13.00 - **Expedition for Ice Gold** - outdoor game

Orienteering field task, testing mobility skills in the field, using maps.

13.30 - Lunch

14.30 - Departure from the hotel



Important information for Parents

The price includes:

- Accommodation in 3-6 bed rooms with bathrooms (participants sleep on hotel beds and sofa beds)
- Board: 5 x two-course lunch; 4 x dinner, 4 x breakfast;
- Implementation of the program, entrance tickets, guides, transport
- Accident insurance - PLN 50,000
- Water available 24/h
- Trip coordinator
- Swimming pool

Payment:

1250 PLN / 1 participant - offer at min. 70 fully paid participants
1280 PLN / 1 participant - offer from 40-69 fully paid participants

Extra paid:

Diet - 40 PLN/person (per stay)

Payment term:

1. First installment - 250 PLN - 20.03.2022r.
2. Second installment- 30.04.2022r.

Payment for the trip should be made directly to the organizer's account:

English Pro Academy, account number: **26 1240 6292 1111 0000 5019 9086 (Pekao S.A.)**

Transfer title: IS (class e.g. 6) child's name and surname (e.g. Jan Kowalski)

Cancellation conditions for parents:

Above and 30 days until the day of departure - the first installment is returned.

From 29-5 days before departure - it is lost to the organizer up to 60%.

From 4 days before departure - it is lost to the organizer 100%.

It is possible to buy a cancellation insurance within 7 days from the date of the first payment. You can buy such insurance from any insurance company.

VAT invoice - we kindly ask parents who want to receive a VAT invoice to send their invoice data to the following address:

marlena.janecka@englishpro.pl

The organizer informs that the presented schedule is exemplary. The exact days and times of implementation of individual attractions are subject to change.

Lack of timely payment for participation in a green school may result in a loss of places.

In the event of non-payment of the total amount before departure, the organizer has the right to refuse to take the participant on the trip.